

2014-2015



Save for August & September

# St. Andrew School Lunch Menu

	WEEK 1	WEEK 2
	8/21, 9/1, 9/18, 9/29, 10/13, 10/27, 11/10, 11/24, 12/8, 1/5, 1/19, 2/2, 2/16, 3/2, 3/16, 3/30, 4/20, 5/4, 5/18, 6/1	8/25, 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 12/1, 12/15, 1/12, 1/26, 2/9, 2/23, 3/9, 3/23, 4/13, 4/27, 5/11, 5/25
<b>MONDAY</b> <i>Vegetable of the Day: Broccoli/Spinach</i>	<b>Macaroni &amp; Cheese</b>  <b>Fruit &amp; Vegetable Bar</b>	<b>Pasta &amp; Meat Sauce w/ Garlic Bread</b>  <b>Fruit &amp; Vegetable Bar</b>
<b>TUESDAY</b> <i>Vegetable of the Day: Corn</i>	<b>Taco Bar:</b> <b>Taco in a Bag of corn Chips</b> w/Cheese, Lettuce, Salsa & Brown Rice Black Beans  <b>Fruit &amp; Vegetable Bar</b>	<b>Pizza Dippers w/Marinara Sauce</b>  <b>Fruit &amp; Vegetable Bar</b>
<b>WEDNESDAY</b> <i>Vegetable of the Day: Green Beans</i>	<b>Chicken w/Dipping Sauce</b> <b>Pretzel Rod or Dinner Roll</b> Baked Beans  <b>Fruit &amp; Vegetable Bar</b>	<b>Chicken w/Dipping Sauce</b> <b>Pretzel Rod or Dinner Roll</b> Baked Beans  <b>Fruit &amp; Vegetable Bar</b>
<b>THURSDAY</b> <i>Vegetable of the Day: See Across</i>	<b>Hot Dog or Cincinnati Chili</b> <b>Cheese Coney or Phony Coney</b> <i>Vegetable of the day: Zucchini or Cauliflower</i>  <b>Fruit &amp; Vegetable Bar</b>	<b>Cheeseburger w/ Pickles</b> <i>Vegetable of the day: Brussels Sprouts or Yellow Squash</i>  <b>Fruit &amp; Vegetable Bar</b>
<b>FRIDAY</b> <i>Vegetable of the Day: Peas</i>	<b>Specialty Pizza</b>  <b>Fruit &amp; Vegetable Bar</b>	<b>Specialty Pizza</b>  <b>Fruit &amp; Vegetable Bar</b>

**For comments or concerns about the lunch program,  
contact Gerry Levy: 576-2292.**  
Milford EV School District is an equal opportunity employer.  
Thank you for participating in the school lunch program!

## School Lunch Prices

### Regular Meal : \$3.00

The meal includes  
the **Fruit & Vegetable Bar & milk.**  
Alternate items on Menu: School Pizza,  
Cheeseburger/Hamburger, Nachos & Cheese,  
PB&J Jammer Meal, Fun Tray &  
Cook's Choice of additional student's favorite selections

### Regular Meal w/ Spuds: \$3.75

### Extra Entrée: \$2.50

### Super Meal: \$3.50

The meal includes:  
the **Fruit & Vegetable Bar & milk**  
Specialty Pizza, Double Cheeseburger  
Home style/ Spicy Chicken Sandwich

### Super Meal w/ Spuds: \$4.25

### Extra Entrée: \$3.00

### Reduced Price Meals \$0.40

### Milk \$0.50

Includes fat- free or 1% white, & fat- free chocolate

### Adult Meals and Extra Entrees: Additional \$0.75 more than student meals

All Grains are Whole Grains.  
Two servings of fruit/vegetables are required with the meal.

**The Fruit & Vegetable Bar**  
Selections from the dark green, red/orange, bean, starchy, & other  
veg. groups, weekly. High VIT-A choice 3x a week. Romaine &  
Spring Mix Salad w/various cooked/fresh fruits & vegetables  
daily in addition to menu listings.

The menu is subject to change due to price or availability of products.

Please make separate lunch checks payable to Milford Nutrition Services. To  
check meal account balances, view detailed list of payments received and items  
purchased or to make a payment to your child's meal account, log into  
[www.spsezpaymilfordexempted.com](http://www.spsezpaymilfordexempted.com) or check with the kitchen manager,  
**Marsha Belk at 513-831-9171.** For more details regarding Milford Nutrition  
Services, visit [www.milfordschools.org](http://www.milfordschools.org).