Thank you for your interest in SBCC/AVA Middle College.

The purpose of this brochure is to help you understand Middle College so that you are better able to determine if the program suits your needs and educational goals.

Please carefully review the information inside, and call us if you are interested in pursuing Middle College.

Regina Freking
DIRECTOR
805.897.3561
freking@sbcc.edu

contact us
805.897.3561
SBCC/AVA Middle College
721 Cliff Drive
Santa Barbara, CA 93109
what is middle college?

SBCC/Alta Vista Middle College is a collaboration between the Santa Barbara High School District and Santa Barbara City College. We offer students a chance to gain a range of skills that provide support and motivation for their personal, academic and social growth.

The program targets students who are seeking methods other than those offered at traditional high schools for achieving a high school diploma, and who have interest in pursuing high academic endeavors or career exploration.

middle college may be right for you if...

1. You have strong academic potential and/or a strong desire to explore career options.
2. You want to learn, but feel distracted and unchallenged in the traditional high school setting.
3. You want to move beyond high school and explore a broader range of courses.
4. You have completed all or most math, science, and PE credits for high school graduation.
5. You’re an independent learner, but would benefit from one-on-one guidance and support.

what our students are saying

“I love the one-on-one aspect of MC because it makes me feel like my work is really being appreciated and forces me to dive deep into the material.”

--Faith

“In MC we’re encouraged to go beyond being closet intellects, to be fully engaged in a full-range of opportunities on campus and in the community to both discover our passions and talents and put them to good use.”

--Momoko

“MC made my high school experience academically rich and personal. My teacher was supportive, yet challenged me to become a responsible adult.”

--Grant

“The MC curriculum is incredibly relevant and helped me become more politically literate and aware of the world. I loved my old high school, but I think those pivotal years would have been better spent in MC.”

--Michael

“I maintained a 4.0 GPA at SBCC and am starting my junior year of college at UCSB only a year after graduating from high school.”

--Rebecca

how do I get accepted into middle college?

step 1: attend

The family must attend an information meeting.

Please call us for details at 805.897.3561

step 2: test

The student must take the SBCC Assessment Tests in both English and math. These are discussed in detail at the information meeting.

step 3: interview

Once a student has earned qualifying scores on the assessments, the family must attend an individual meeting with us to further determine if the program will be the best placement for the student.